

# LINDEN HALL *Summer*



## Equestrian Camp 2023 Parent Guide

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# WELCOME TO SUMMER AT LINDEN HALL 2023!

Summer at Linden Hall Equestrian Overnight Camp encompasses a variety of riding and horsemanship learning opportunities. Whether a new or experienced rider, each camper participates in activities that greatly expand her equestrian knowledge.

In addition to two riding lessons per day, campers attend local field trips, including a tack shop visit. Presentations from a horse dentist and other guest experts further enhance the camp experience. In the evenings, equestrian campers join with other Summer at Linden Hall participants for crafts, campfires, water games, and team-building activities for a time of bonding and fun.

## LOCATION

Our picturesque 49-acre campus is situated in the heart of Lancaster County, Pennsylvania, in the quaint town of Lititz. Listed as one of the nation's Top-10 Distinctive Destinations by the National Trust for Historic Preservation and named the Coolest Small Town in America for 2012–2014, Lititz offers an eclectic mix of specialty shops, cafes, and restaurants. Lititz is also home to Wilbur Chocolate and Sturgis Pretzels, America's first commercial pretzel bakery. Linden Hall is ideally located between the cultural centers of Baltimore, New York City, Philadelphia, and Washington D.C., as well as the smaller city of Lancaster.

## HISTORY OF LINDEN HALL

Founded in 1746, Linden Hall is the oldest continuously run girls' boarding and day school in the United States. Throughout our 276-year history, the principles of the Moravian Church—especially that a girl should develop a love of knowledge in order to reach her fullest potential—have provided the foundation of a Linden Hall Education. This has evolved into a leading college preparatory school for girls in grades 6–12. Ours is a diverse and inclusive community that graduates independent thinkers and globally aware citizens.





# CONTACT INFORMATION

## MAIN OFFICE

(717) 626-8512

## HONEYCUTT RESIDENTIAL CELL PHONE NUMBER (AFTER HOURS)

(717) 201-2655

**Meredith Renfro, *Summer Programs Director***

(717) 626-8512 x154

[merenfro@lindenhall.org](mailto:merenfro@lindenhall.org)

**Erika Kurtz, *Equestrian Director***

(717) 572-1478

[ejkurtz@hotmail.com](mailto:ejkurtz@hotmail.com)

Please note that office numbers can only be reached during office hours, which may be shortened during the summer. For any after-hours needs, please call the Honeycutt cell phone. A camp residential staff member will direct messages to the appropriate party. Email is the best method to reach staff for non-urgent needs.

# EQUESTRIAN CAMP OVERVIEW

**DATES:** July 16–21, 2023

**AGES:** Grades 3–8

**PRICE:** \$1,300 for one week



# EQUESTRIAN CAMP: AT A GLANCE

	SUNDAY 7/16	MONDAY 7/17	TUESDAY 7/18	WEDNESDAY 6719	THURSDAY 7/20	FRIDAY 7/21
9:00 AM		Intro/Camp itinerary	Advanced Group Riding/ Stall Cleaning	Dental demo	Advanced Group 1/ Beginner Group 1	Advanced Group 1/ Beginner Group 1
9:30 AM		Barn rules/Intro to horses				
10:00 AM		Ride evaluations/ Tack cleaning				
10:30 AM			Beginner Group Riding/ Stall Cleaning	Side saddle demo with Becca Pelet	Advanced Group 2/ Beginner Group 2	Advanced Group 2/ Beginner Group 2
11:00 AM						
11:30 AM						
12:15 PM– 12:45 PM		Lunch				
1:00 PM		Nutritionist from Poulin	Visit Cross Road Tack Shop	Advanced Group 1/ Beginner Group 1	Mini driving demo with Julie Good	Penn National Race Track
1:30 PM						
2:00 PM		Saddle fit with Debbie Hadden				
2:30 PM		Grooming	Advanced Group 1/ Beginner Group 1	Advanced Group 2/ Beginner Group 2	Bareback riding/Barn chores	Games on horseback
3:00 PM						
3:30 PM						
4:00 PM		Bridles	Advanced Group 2/ Beginner Group 2	Jump course designing	Massage demo with Alisa Pitt	
4:30 PM	Drop-off	Tacking		Course building		
5:00 PM		Barn cleanup	Barn cleanup	Barn cleanup	Barn cleanup	Barn cleanup
5:30 PM	Dinner					Pack up and go home
6:00 PM	Free Time					
6:30 PM– 8:30 PM	Activities with GIRLS Camp					
8:30 PM	Free time/Ready for bed					
9:00 PM	In room					
9:30 PM	Lights out					

# EQUESTRIAN CAMP DETAILS

## GENERAL INFORMATION

Both experienced and novice campers are welcome. Please indicate camper experience in the registration form. Campers' riding skills will also be evaluated on Monday for proper lesson placement.

The Linden Hall stables are home to a number of horses that campers will use for lessons. Campers may bring their own horse to board for the week. The cost of boarding the horse is an additional \$150. Please contact Erika Kurtz at, [ejkurtz@hotmail.com](mailto:ejkurtz@hotmail.com), for questions regarding boarding.

## ARRIVAL AND DEPARTURE

Campers should be dropped off between 4:30 and 5:30 pm on Sunday, July 16, at Honeycutt Hall, the residence hall lobby. Honeycutt Hall is located next to the drop-off circle where the lion statue can be seen. Campers should be picked up between 5:30 and 6:30 pm on Friday, July 21, from Honeycutt Hall. For questions regarding alternate drop off or pick up times, please contact the Camp Director.

## CHECK IN AND OUT PROCEDURES

For all overnight camps, parents and guardians must sign in their daughter when dropping her off and sign out again when picking her up. The sign in and out sheets are located in Honeycutt Hall, the main entrance to the dorms.

If there are special circumstances in which a camper may need to leave campus during camp hours (such as for a medical appointment), overnight campers should be signed out and back in at the Honeycutt security desk. Please let the Camp Director know in advance of such circumstances. Camp staff reserve the right to ask to see ID of any adult signing out a camper.

## NAVIGATING CAMPUS

There are three entrances to the Linden Hall campus: Lavery Lane, the Main Street entrance, and the Locust Street entrance.

Both Lavery Lane and the Main Street entrance are located on Main Street in Lititz. Lavery Lane borders the Moravian Square and is next to Linden Hall's Mary Dixon Chapel. The Main Street entrance, the primary drive for the school, is located on the other side of the academic buildings from Lavery Lane and is marked with a larger Linden Hall sign. While many GPSs may navigate to Lavery Lane, **please do not use this entrance**. Lavery Lane is a dead end and is not connected to the parking lot. Please continue on Main Street to the next drive that leads to the drop-off circle and main parking lot. The Fountain Courtyard is on your right and a lion statue can be seen in the drop-off circle in front of Honeycutt Hall.

The Evita M. Allen Center for Academic Excellence is home to the main lobby. There are two entrances to the lobby, one directly on Main Street, and the other up the steps from the Fountain Courtyard at the back of the building coming from the parking lot, between the two columns. The Fountain Courtyard is the preferred entrance.

Honeycutt Hall, the entrance to the dorms for the overnight camp, is located by the drop-off circle next to the lion statue at the end of the Main Street entrance.

The campus can also be entered from Locust Street. The Locust Street entrance is closest to the stables and gym. Follow the driveway past the gym to the main parking lot near the academic building and Honeycutt Hall.

## **EXPECTATIONS**

Campers are expected to follow all camp rules and policies. For their own well-being, campers should follow the directions of any leader overseeing an activity, including camp staff and other school employees. In the unlikely event that a camper chooses disruptive or harmful behavior, she may be required to sit out of an activity or may be sent home.

## **OVERNIGHT CAMP READINESS TIPS**

Overnight campers should exhibit an age-appropriate level of independence and self-care. They need to be able to shower, groom, and dress themselves. While camp staff tell campers when it is time for bed and make sure campers are up for breakfast, campers should be able to maintain a responsible routine. Room inspections are made daily, so campers need to make their beds, empty their trash, and keep the floor neat. If needed, campers should be able to do their own laundry using the facilities available in each dorm. Please consider whether your child is ready before signing up for overnight camp.

## **WHAT TO WEAR**

Equestrian campers are expected to wear long pants and either a boot or a shoe with a half-inch heel for riding. They also need to wear a riding helmet. Campers may bring their own riding helmets or borrow one from the Linden Hall stables. Bike helmets are not acceptable as they are not rated with the same protections as a riding helmet. Campers should also keep in mind that some activities include cleaning stables and equipment, so clothes will get dirty. Linden Hall has free laundry facilities in each dorm area.

Outside of riding, campers should dress in accordance with the following dress code. No short shorts, bare midriffs, holes in clothing, or revealing spaghetti straps. Undergarments should not be visible, and shorts should be at least finger-tip length. Clothing should not display references to drugs, alcohol, tobacco, weapons, or profanity. Bikinis are not permitted for activities requiring bathing suits. It is recommended campers wear sneakers or other comfortable, closed-toed shoes. Flip-flops should only be worn for water activities or in the dorms because they can be a tripping hazard during active play.

## **WHAT TO BRING**

- ☐ Long pants
- ☐ Boots or shoes with a half-inch heel
- ☐ Riding helmets (optional)
- ☐ Water bottle
- ☐ Tote bag or backpack

- ☐ Sunscreen
- ☐ Sleeping bag or twin-sized bedding (with sheets and blanket/comforter)
- ☐ Pillow
- ☐ Towels (bath and beach)
- ☐ Shower supplies and toiletries
- ☐ Bathrobe
- ☐ Alarm clock
- ☐ Bathing suit
- ☐ Clothing and sleepwear for at least one week
- ☐ Snacks for dorm room (no refrigerated items, food must be kept sealed)
- ☐ Spending money for tack shop, shopping in town, and lunch on Friday's field trip (minimum of \$50 for the tack shop\*)
- ☐ Items for free time such as books, paper, and pens
- ☐ Flashlight (optional)

**\*Parents may also set up payment over the phone:**

Cross Road Tack Shop  
 38 West Main Street, Lebanon, PA 17042  
 717-228-2502

## WHAT NOT TO BRING

- Weapons of any kind, including pocket knives, cutlery, or guns
- Expensive jewelry or other valuables that may be lost or broken
- Refrigerators or cooking appliances

## TECHNOLOGY POLICY

It is highly discouraged for campers to bring technology devices to camp except when needed for camp courses. Laptops or iPads may only be used if required for a course and should not be brought to camp otherwise. Linden Hall is not responsible for lost, stolen, or broken devices.

It is recognized that cell phones may be necessary for contact with parents and for emergency purposes. Cell phones may not be used during camp activities and should only be used by overnight campers during free times after dinner or before bed. For overnight camp, do not be surprised if your child does call home on occasion to check in. Please discuss your expectations regarding phone calls home with your child prior to camp.

Campers wishing to take photos on their phone during an activity must ask permission from the instructor or activity leader. Linden Hall provides photos of camp, and further directions to access photos will be provided closer to the time of camp.

The misuse of technology may result in the confiscation of the device for the duration of an activity, the camp day, or the camp week. While many campers use their cell phones as alarms, phones may be taken overnight if deemed necessary by dorm staff.



## MEDICATIONS AND ILLNESS

Campers are not permitted to carry medication, including over-the-counter medications, at any time. The only exceptions are epi-pens, inhalers, or other emergency medications. Medications are collected and secured. As needed, they are distributed by camp staff. It is extremely important that parents clearly fill out the medical forms required for camp and turn these in by July 1 in order to create a distribution schedule for staff. Any required medication, including regularly administered OTC medications (ex. allergy medications), should be included on the form. All medications should be labeled with the camper's name and dosage instructions.

For overnight campers, medications are typically distributed by a staff member during breakfast hours, 8:00–8:45 am, and after the evening session, 8:30–9:00 pm. Campers who also need midday medications should get them during their scheduled lunchtime. If medications are needed outside of these times, please provide clear instructions, and the staff will do their best to accommodate.

Any day campers showing signs of illness during the camp day will be sent home, while overnight campers will be isolated. If campers show signs of illness at home, please do not send them to camp.



# REGISTRATION, PAYMENTS, AND REFUNDS

## REGISTRATION

Registration can be found online at [www.lindenhall.org/summer](http://www.lindenhall.org/summer). Registration *must* be completed online. Fill out all fields to the best of your ability. Please note that the “registrant” is the parent/guardian registering, and the “attendee” is the camper being registered. **The registration deadline is July 1, 2023.**

## PAYMENT

Payment can be made in full through the online registration form. A 3% credit card processing fee is added to online payments. Alternatively, payments may be made by check with no processing fee. A non-refundable deposit of \$200 is due at the time of registration. The deposit is required to finalize registration and reserve a spot at camp. **Final payment is due July 1, 2023, along with all permission and medical forms.**

**Make checks payable to *Linden Hall* and mail to:**

Summer at Linden Hall  
212 E. Main Street  
Lititz, PA 17543

## REFUNDS

Deposits are non-refundable. Camp cancellations made after July 1, 2023, are non-refundable, even if it is due to illness.



# FOR YOUR INFORMATION

## MEALS AND SNACKS

All meals are provided for overnight campers. Meal times are included on the camp itinerary. A continental breakfast is available each morning. Lunch in our dining hall is included for both day and overnight campers\*. Breakfast and dinner are provided for overnight campers. Breakfast is also included for campers attending morning session if they choose. The weekday meal schedule can be found in the schedules for each camp. Hot and cold options are available for breakfast. Lunch and dinner usually have two meal choices served cafeteria-style. Please notify the Camp Director, Meredith Renfro, in writing of any food allergies or dietary restrictions at least two weeks in advance of camp. The dining staff do their best to accommodate needs. Linden Hall is not a nut-free facility, but dining staff label foods containing common allergens.

Overnight campers should bring enough non-refrigerated snacks for the duration of their stay. Snacks must be stored in air-tight containers. Evening snacks may be provided for overnight campers depending on the scheduled activities (ex. s'mores for campfire night). It is recommended that overnight campers bring additional snacks for the evening. Pre-packaged snacks, such as granola bars, fruit snacks, chips, etc. with clear allergen labels are best.

Hydration at camp is important, and all campers should carry a water bottle. Contactless water bottle refill stations can be found throughout the academic building. There are also water coolers in the dorms.

## CAMP T-SHIRTS

One camp t-shirt is provided to each camper based on the size indicated on the registration form. If extras are available, a second shirt may be purchased for \$10. Campers do not need to wear the camp shirt each day, but it is encouraged that they wear it at least once a week.

## PHOTOS

Camper families will have access to photos taken during camp through SmugMug. Further directions for how to find the photos will be provided closer to camp.

It is assumed that Summer at Linden Hall has permission to use camper photos for both internal and promotional purposes unless a parent says otherwise on the Permission Form prior to camp.

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\*Available meals and snacks are subject to change depending on enrollment. Menus are not available ahead of time but may be requested on an individual basis the Monday of each camp week. Menus are subject to change due to supply availability.





# LINDEN HALL

FOUNDED IN 1746

212 East Main Street, Lititz, PA 17543 | 717.626.8512 | [www.lindenhall.org](http://www.lindenhall.org)